

Special Olympics
Oklahoma

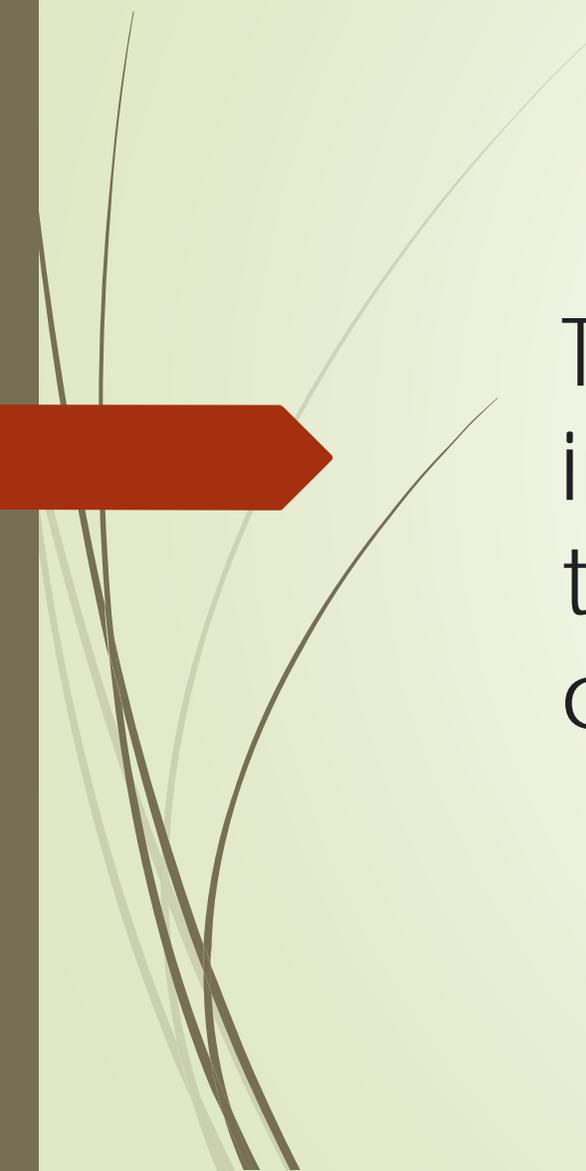


junior athletes program

Special Olympics Oklahoma



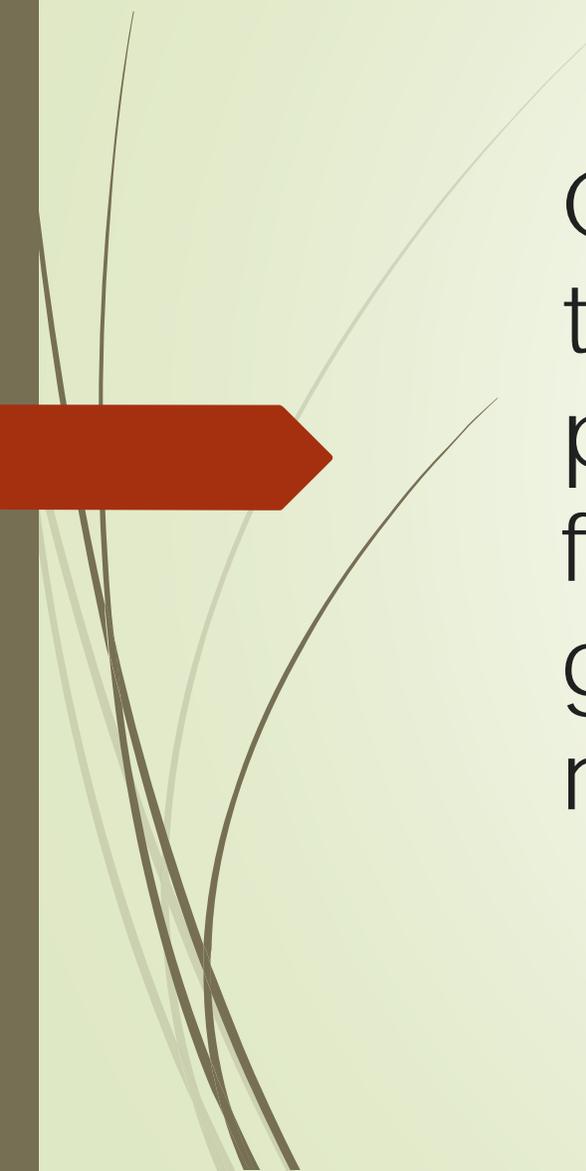
In 2015, SOOK's Young Athlete Director attended a national YAP conference. One of the ideas discussed was a new program designed for "older" Young Athletes.



The program would be designed to include more sport-specific skills & drills to prepare the child for future official competition.



We set about designing & building a program that would be fun & entertaining for our kids, but also a program that would teach basic sport-specific skills. Our program is still a work in progress!



Currently, we still allow junior athletes to participate in our Young Athlete program, simply because it's so much fun & will continue to help kids develop good kinesiological sense & movement.



In 2016, SOOK developed a junior athlete opportunity for our Summer Games. We partnered with the OKC Energy Soccer Team to come and host a soccer clinic.



We had about 35 junior athletes register for the clinic. It was a success and very fun & informative for the kids who participated.



Our plan for the future is to continue to develop our program and to promote a different sport clinic each year at Summer Games. We hope to partner with pro-sports teams, as well as college & university teams to lead the clinics.



We hope to introduce the junior athlete program at the Area level soon, and plan to include it in our Winter Games as well.

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