



Special Olympics
Texas

Volunteers



Help children and adults with intellectual disabilities achieve their dreams. What's the easiest way to get started? Be a **Day of Event Volunteer**.



Volunteer Oath

I promise to give of the time in my life, so that Special Olympics athletes can have the time of their lives.

I promise to support Special Olympics not just as an expression of charity, but as a form of respect for my fellow human beings.

I promise to spread the word of volunteerism because in giving, I receive so much more in return.

Get Involved!

Special Olympics Texas would not exist today and could not have been created without the time, energy, and dedication of thousands of volunteers. More than 38,236 volunteers dedicate their time to help children and adults with intellectual disabilities achieve their dreams. On behalf of the athletes we serve, thank you for your interest.

Who Can Become a Volunteer?

Our volunteer base includes students, senior citizens, business groups, professional individuals, civic organizations, families, amateur and professional athletes, and coaches to name a few. In other words, ANYONE CAN GET INVOLVED!

There is **no experience required**; however, you must be at least 15 years of age, unless accompanied by an adult. Volunteers participate in an orientation prior to working with our athletes.



Types of Volunteer Opportunities

Special Olympics Texas offers year-round opportunities for involvement, with more than 300 competitions and special events throughout the state. Depending on the time you have available and what you would like to accomplish as a volunteer, we will find the right place for you!

The following are some ways that you can get involved as a volunteer:

- Day of Event – *most popular role for new volunteers*
- Administrative
- Coach
- Communications
- Official
- Trainer
- Assistant Coach
- Committee Member
- Fundraising
- Outreach
- Unified Sports® Partner

How to Get Involved

Contact your area office or the chapter headquarters at 1.800.876.5646 for a complete list of volunteer opportunities and upcoming events. For the most up-to-date information, visit our website at www.specialolympicstexas.org. You can also follow us on Twitter, Facebook and Instagram.

