

# Tennis Rating Sheet



Athlete Name	Delegation	Age	Gender <input type="radio"/> M <input type="radio"/> F
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LEVEL 1 (athletes at this level should complete the ISC Skills Testing)	LEVEL
Player just starting to play tennis	1

A. FOREHAND	LEVEL
Hits inconsistent weak FH shots	2
Hits FH shots with little directional control	3
FH has directional control of shots, but shots lack depth	4
FH has sufficient control to sustain a short rally and is developing depth	5
Rallies with control and depth, but has difficulty when shots are high or hard	6
Rallies consistently with depth, becomes inconsistent when adding pace	7
Sustains an extended rally with direction, pace and depth	8

B. BACKHAND	LEVEL
Hits inconsistent weak BH shots	2
Hits BH shots with little directional control	3
BH has directional control of shots, but shots lack depth	4
BH has sufficient control to sustain a short rally and is developing depth	5
Rallies with control and depth, but has difficulty when shots are high or hard	6
Rallies consistently with depth, becomes inconsistent when adding pace	7
Sustains an extended rally with direction, pace and depth	8

C. MOVEMENT	LEVEL
Stationary position; does not move to ball to hit shots	2
Moves only 1-2 steps toward ball to hit shots	3
Moves toward ball; but court coverage is poor	4
Movement allows sufficient court coverage of most shots	5
Has good court coverage, reacts well enough to sustain a short rally	6
Reacts quickly to the ball and has very good court coverage	7
Exceptional court coverage, reacts quickly to the ball and recovers after each shot	8

D. FIRST SERVE	LEVEL
1st serve is weak	2
Hits 1st serves in at a slower pace	4
Hits 1st serves with pace	6
Hits 1st serves with pace and control	8

E. SECOND SERVE	LEVEL
Double faults are common	2
Pushes 2nd serves	4
Hits 2nd serves with control	6
Hits 2nd serves with control and depth	7
Hits 2nd serves with spin, control and depth	8

F. RETURN OF SERVE	LEVEL
Has difficulty returning serve	2
Returns serve occasionally	3
Returns 2nd serve consistently	4
Returns some 1st serves, returns 2nd serves consistently	5
Returns 1st and 2nd serves consistently	6
Aggressive return of 2nd serve and consistent return of 1st serve	7
Aggressive return of 1st and 2nd serves	8

G. VOLLEYS	LEVEL
Hits inconsistent volleys; avoids net	3
Hits consistent FH volleys; BH volley is inconsistent	4
Hits consistent volleys; has problems approaching the net	5
Has ability to approach the net and hits consistent volleys	6
Comfortable moving to net, moves laterally well for both FH and BH volleys	7
Hits aggressive FH and BH volleys	8

SECTION	LEVEL	COMMENTS
A. FOREHAND		
B. BACKHAND		
C. MOVEMENT		
D. FIRST SERVE		
E. SECOND SERVE		
F. RETURN OF SERVE		
G. VOLLEYS		
<b>TOTAL OF SECTIONS</b>		Divided by 7
		<b>FINAL RATING</b>

Rater's Name	
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**Suggested Competition level for athletes based on Rating:**  
 1.0 – 1.9 Rating Athlete should compete in Level 1 – Individual Skills Competition  
 2.0 – 2.9 Rating Athlete should compete in Level 2 – 42' Court – Red foam ball  
 3.0 – 3.9 Rating Athlete should compete in Level 3 – 60' Court – Orange ball  
 4.0 – 4.9 Rating Athlete should compete in Level 4 – 78' Court – Green ball  
 5.0 – 8.0 Rating Athlete should compete in Level 5 – 78' Court – Yellow ball