

# Tennis Full Court Individual Skills Scoresheet



Athlete Name	Age	Gender <input type="radio"/> M <input type="radio"/> F
Delegation/Team	Division	

Circle the points on each attempt. Ball feeder stands where most comfortable for successful feeds.

Skill	1st Ball	2nd Ball	3rd Ball	4th Ball	5th Ball	Total
<b>Forehand Volleys</b> 2 practice/5 attempts	0 5 10	0 5 10	0 5 10	0 5 10	0 5 10	
<b>Backhand Volleys</b> 2 practice/5 attempts	0 5 10	0 5 10	0 5 10	0 5 10	0 5 10	
<b>Forehand Groundstrokes</b> 2 practice/5 attempts	0 5 10	0 5 10	0 5 10	0 5 10	0 5 10	
<b>Backhand Groundstrokes</b> 2 practice/5 attempts	0 5 10	0 5 10	0 5 10	0 5 10	0 5 10	
<b>Serves - Ducece</b> 2 practice/5 attempts	0 5 10	0 5 10	0 5 10	0 5 10	0 5 10	
<b>Serves - Ad</b> 2 practice/5 attempts	0 5 10	0 5 10	0 5 10	0 5 10	0 5 10	
<b>Alternating Groundstrokes</b> 2 practice/10 alternating FH/BH attempts	<b>1st Ball</b> 0 5 10	<b>2nd Ball</b> 0 5 10	<b>3rd Ball</b> 0 5 10	<b>4th Ball</b> 0 5 10	<b>5th Ball</b> 0 5 10	
	<b>6th Ball</b> 0 5 10	<b>7th Ball</b> 0 5 10	<b>8th Ball</b> 0 5 10	<b>9th Ball</b> 0 5 10	<b>10th Ball</b> 0 5 10	

<b>Scoring</b>	<b>Volley/Groundstrokes</b> Service Box = 5 pts Backcourt = 10 pts	<b>Serving</b> Serves-In = 10 pts	<b>Grand Total</b>
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