

Flag Football - Individual Skills Scoresheet

Special Olympics
Texas



Athlete Name	Event
Delegation	Official Score Keeper

Skills	Attempt 1					Attempt 2					Total
Run & Catch											
Throwing for Accuracy											
Flag Pulling											
Agility & Speed Hand-off	Seconds		Pts			Seconds		Pts			
Throwing for Distance	Seconds		Pts			Seconds		Pts			
Grand Total											

Run & Catch Scoring	
2 pts	Complete catch (clearly caught with both hand)
0 pts	Athlete is unable to catch or touch a well-thrown pass
<i>Max 10 pts per Attempt</i>	

Throwing for Accuracy Scoring	
2 pts	Accurate & completed throw
0 pts	Receiver is unable to catch or touch ball in targeted area. If ball hits ground prior to reaching the target, the throw will be recorded as failed attempt.
<i>Max 10 pts per Attempt</i>	

Flag Pulling Scoring	
2 pts	Successful flag pull
1 pt	Unsuccessful flag pull in which the flag or ball carrier was touched, but flag did not come off
0 pts	Unsuccessful flag pull (flags ball carrier not touched)
<i>Max 10 pts per Attempt</i>	

Agility & Speed Hand-Off Scoring	
Seconds	Points
Under 7.5	5
7.5 - 9.0	4
9.1 - 10.5	3
10.5 - 12.0	2
12.1+	1

Throwing for Distance Scoring	
Yards	Points
40+ yards	5
39 - 30	4
29 - 20	3
19 - 10	2
9 - 0 yards	1