

# Aquatics Safety Requirements Form

**Special Olympics**  
Texas



If a pool is available for **recreational use**, the following requirements must be established before the pool can be used:

1. The minimum number of lifeguards at recreational swimming must be one lifeguard for every 25 participants.
2. The volunteer to athlete ratio must be at least 1 to 10, but more volunteers are required for the physically disabled.
3. Medical information, which must be on hand, should be discussed with the lifeguard on duty in advance of any activity.
4. If no relief lifeguard is available, the pool must be emptied, even for short durations, when a lifeguard must leave the poolside.
5. A physical examination must be made of the pool area to identify potential hazards. The deck should be clear of obstructions.
6. A copy of the pool's current rules must be submitted for review prior to entering the pool.
7. Pool depth must be marked and easily visible.
8. The pool depth must be a minimum of five feet for diving racing starts.
9. Safety lines must be in place to divide shallow and deep water areas.
10. It is important to know the Ph level and the temperature of the water before entering the pool.
11. A first aid kit must be available containing all the appropriate supplies.
12. All electrical outlets and appliances must be properly maintained and protected.
13. There must be a telephone available on site with emergency numbers posted next to it.
14. Indoor and outdoor exits must be clearly marked.

***I understand and agree to abide by the minimum safety requirements listed above.***

Delegation Name	Delegation Code
Event	
Coach Printed Name	
Signature	Date