

Services and Programs for Individuals with Intellectual and Developmental Disabilities in Texas

*All Program/Service information pulled from DADS website

The First Step in Securing Services

Your first step is to get onto the [DADS HCS Waiver Interest List](#). The Home and Community Based (HCS) program provides individualized services and supports to persons with intellectual disabilities who are living with their family, in their own home or in other community settings, such as small group homes. Here's how to get started: Find the Local Authority for your county of residence by clicking [here](#) (look at "Counties Served" to figure out which one to call). Call your Local Authority to put your family member's name on the HCS Interest List – currently the wait list for services is over 10 years, so call now! If you need a group home immediately, go ahead and schedule an "Intake" appointment while you are on the phone. In Texas, D&S Community Services is not only a provider of many HCS services, but we also have group homes that are available immediately called Intermediate Care Facility (ICF) group homes. You can live in this type of group home while your name is on the HCS interest list, as long as you have a qualifying condition and are Medicaid eligible. There are also programs, like Texas Home Living and CLASS, which allow an individual to receive services in their own home prior to being granted HCS.

Breakdown of Services Available Prior to Receiving HCS Slot

*You will not lose your spot on the HCS Interest list while receiving these services

• ICF-IDD Group Homes

- **Residential Setting** – Group Home
- **Services Available** - Adjunctive therapy, Habilitation, Medical, Residential, Skills training, Dental, Adaptive Aids, Behavior Support.
- **Eligibility Requirements** - The Social Security Administration must have determined you to have a disability. You must have a determination of intellectual disability made in accordance with state law or have been diagnosed by a physician as having a related condition. You must be in need of and able to benefit from the active treatment provided in a supervised 24-hour setting. Your income and resources may not exceed specified limits.
- **How Do I apply for Services** – Contact your Local Authority

• Texas Home Living (TxHmL)

- **Residential Setting** – Own home or family's home
- **Services Available** - Adaptive aids, Audiology, Behavioral support, Community support, Day- Habilitation, Dental treatment, Dietary, Employment assistance, Minor home modifications, Nursing, Occupational therapy, Physical therapy, Respite, Speech and language pathology, Supported employment.
- **Eligibility Requirements** - There is no age limit. You must be determined eligible for Medicaid services before enrolling in the program. You must meet specified functional criteria, including having a determination of an intellectual disability made in accordance with state law or having been diagnosed by a physician as having a related condition with an IQ of 75 or below. You must live in your own home or your family's home. You cannot be enrolled in another Medicaid waiver program. Your income and resources may not exceed specified limits.
- **How Do I Apply for Services** – Contact your Local Authority



Special Olympics
Texas

www.sotx.org



www.dscommunity.com

- **Community Living Assistance and Support Services (CLASS)**

- **Residential Setting** – Own home or Family home
- **Services Available** - Adaptive aids and medical supplies, Behavioral support, Case management, Cognitive rehabilitative therapy, Continued Family Services, Dental and dental sedation, Employment assistance, Habilitation, Minor home modifications, Nursing, Occupational therapy, Physical therapy, Pre-vocational habilitation, Respite care, Specialized therapies (auditory enhancement/auditory integration training, dietary, therapeutic horseback riding, and massage, recreational, music, aquatic and hippo therapies), Speech and language pathology, Supported employment, Support Family Services, Transition Assistance Services.
- **Eligibility Requirements** - You must be diagnosed with a related condition that manifested before age 22. You must be eligible for Medicaid in the community and not be enrolled in another Medicaid waiver program. You must meet level of care criteria for placement in an ICF/IID. You must need habilitation and case management services. You must live in your own or your family's home. Your income and resources may not exceed specified limits. You cannot be enrolled in another waiver program.
- **How Do I Apply for Services** - Call toll-free to 1-877-438-5658. Please be prepared to provide Social Security and Medicaid numbers, type of disability, age of the onset of the disability, date of birth, address and telephone number of the person needing services.

- **Community First Choice (CFC)**

- **Residential Setting** – Own Home or Family Home
- **What is CFC** - Community First Choice (CFC) provides certain services and supports to individuals living in the community who are enrolled in the Medicaid program and meet CFC eligibility requirements. Services and supports may include:
 - activities of daily living (eating, toileting, and grooming), activities related to living independently in the community, and health-related tasks (personal assistance services);
 - acquisition, maintenance, and enhancement of skills necessary for the individuals to care for themselves and to live independently in the community (habilitation);
 - providing a backup system or ways to ensure continuity of services and supports (emergency response services); and
 - training people how to select, manage and dismiss their own attendants (support management).
- **Read more about CFC** [here](#)

I received my HCS slot! Now what?

***The following programs are available once the HCS slot has been awarded and accepted**

The Home and Community-based Services (HCS) program provides individualized services and supports to people with intellectual disabilities who are living with their families, in their own homes or in other community settings, such as small group homes where no more than four people live. The local authority provides service coordination. You can call your Local Authority at any time to put your name in the waitlist. The sooner the better! The wait is over 10 years at this point in time (exceptions can apply). Once you have been notified that you have received HCS, call your Local Authority to discuss the following options.

- **HCS Group Homes**

- **Residential Setting** – Group Home; Maximum of Four People
- **Services Available** - Adaptive aids, Audiology, Behavioral support, Cognitive rehabilitation therapy, Day habilitation, Dietary, Dental treatment, Employment assistance, Minor home modifications, Nursing, Occupational therapy, Physical therapy, Residential assistance, Respite, Speech and language pathology, Supported employment
- **Eligibility Requirements** - You can be any age. You must qualify for care in an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID). You must have a determination of an intellectual disability



in accordance with state law or have a diagnosis of a related condition with an IQ of 75 or below. You cannot be enrolled in another waiver program.

- Your income and resources may not exceed specified limits.

- **Personal Assistance / Habilitation (PASHAB)**

- **Residential Setting** – Own home or Family Home
- **Services Available** - Adaptive aids, Audiology, Behavioral support, Cognitive rehabilitation therapy, Day habilitation, Dietary, Dental treatment, Employment assistance, Minor home modifications, Nursing, Occupational therapy, Physical therapy, Residential assistance, Respite, Speech and language pathology, Supported employment
- **Eligibility Requirements** - You can be any age. You must qualify for care in an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID). You must have a determination of an intellectual disability in accordance with state law or have a diagnosis of a related condition with an IQ of 75 or below. You cannot be enrolled in another waiver program.
- Your income and resources may not exceed specified limits.

- **Host Home**

- **Residential Setting** – If the individual is a minor, they are unable to receive host-home services from a biological parent until they are 18 years old. Minors can receive host-home in a non-family member’s home. If this individual is 18 or older they can receive host home from anyone.
- **Services Available** - Adaptive aids, Audiology, Behavioral support, Cognitive rehabilitation therapy, Day habilitation, Dietary, Dental treatment, Employment assistance, Minor home modifications, Nursing, Occupational therapy, Physical therapy, Residential assistance, Respite, Speech and language pathology, Supported employment
- **Eligibility Requirements** - You can be any age. You must qualify for care in an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID). You must have a determination of an intellectual disability in accordance with state law or have a diagnosis of a related condition with an IQ of 75 or below. You cannot be enrolled in another waiver program.
- Your income and resources may not exceed specified limits.

