

# 2012 SUMMER GAMES

What began in 1969 as a track and field event for 350 people with intellectual disabilities continues for the 43rd consecutive year as Special Olympics Texas presents its annual Summer Games, May 24-27. The 2012 Summer Games will be hosted by the University of Texas at Arlington.

This year's Summer Games features seven sports. Additionally, events including Opening Ceremonies, Victory Dance, Closing Ceremonies, Athlete Village, various sports clinics and demonstrations offer unparalleled variety for all Games attendees.

This year's sports include athletics (track and field), basketball, cycling, equestrian, gymnastics, soccer and tennis. Equestrian competition will be held in Bryan at the Brazos County Expo Complex, May 18-20. Entry fees will be \$30 for each competing athlete and Unified Sports® partner.

Registration will be held on Thursday, May 24. Check your area office for entry deadline. No late entries will be accepted. Coaches should submit their entries to their area office.

## Resource Information

To request specific information on individual sports and competitions, consult the sport's National Governing Body Rules and the Official Special Olympics Summer Sports Rules, which may be obtained through the area office. Additional information may be obtained from the sport director.

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SUMMER GAMES



## Advancement to Chapter Summer Games

To qualify for participation at the 2012 Summer Games in athletics, basketball, cycling, equestrian, gymnastics, soccer or tennis, all athletes must have competed in their sport of choice in the sanctioned area competition. In addition, they must have a current Athlete Enrollment/Medical Release Form on file, and correct and complete athlete entry forms. All forms must be submitted by the established deadlines for entries for Summer Games. Athletes in the above sports are not required to place third or better at area competitions in order to qualify for participation in Summer Games, nor is a quota in place at this time for these sports.

It is recommended, however, that placing third or better at local or area competition be considered strongly when selecting Summer Games participants. A maximum number of entries for these sports will be established, if necessary, to preserve the safety and integrity of the event.

In athletics and basketball, an allocation system exists. Due to safety, scheduling and logistical considerations, each region receives an allotment for athletics (track and field) events. Time constraints and facility availability determine the number of basketball teams that are able to compete at Summer Games.

Athletes may participate in one sport only at Summer Games, even if competitions are on separate weekends. Coaches are encouraged to enter their athletes in sports other than athletics (track and field) at Summer Games. There are many advantages to entering other sports, including additional competition time, no allocation quotas, easier supervision of athletes, scheduling that permits a team to know more precisely when and where it will compete, and increased opportunity for scholarships.

## 2012 Chapter Games Sport Maximums

Basketball – 125 teams

Athletics – 2,600 athletes

## Athletics Events Offered

The following events are sanctioned by Special Olympics Texas and are to be offered at all local, area and chapter competitions. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event.

### Track Events

50m Dash	10m Assisted Walk
100m Dash	25m Assisted Walk
200m Dash	50m Assisted Walk
400m Dash	25m Walk
800m Run	50m Walk
1500m Run	100m Race Walk
3000m Run	400m Race Walk

### Relay Events and Unified Sports® Relays

(Mixed gender is now offered at chapter level - area has option to offer.)

4 x 100m Relay

4 x 400m Relay

### Pentathlon and Unified Sports®

Includes the 100m, 400m, Shot Put, High Jump and Running Long Jump.



## Field Events

Ball Throw for Distance  
Softball Throw  
Shot Put  
High Jump

Standing Long Jump  
Running Long Jump  
Mini-Javelin 300g, 400g

## Wheelchair Shot Put

A wheelchair only division will be allowed for all athletes using a wheelchair. Female athletes will use a four pound shot and male athletes will use a six pound shot. It is acceptable to include wheelchair athletes in the regular division of the shot put, but the weight of the shot must match for ALL competitors.

## Mini-Javelin

As stated in the 2011 SIG, SOTX will follow the SOI rules beginning in 2012, which means there will be no 500g mini-javelin event offered in 2012. The SOI rules are as follows: females of any age and males 8-15 years old must throw the 300g; males 16 and older must throw the 400g. Both the 300g and 400g mini-javelin sizes are available online at [www.gophersports.com](http://www.gophersports.com) and on other websites.

## Wheelchair Events

10m Wheelchair Race  
25m Wheelchair Race  
100m Wheelchair Race  
30m Wheelchair Slalom

4 x 25m Wheelchair Shuttle Relay  
25m Motorized Wheelchair Obstacle Race  
50m Motorized Wheelchair Slalom

## Ball Throw for Distance

The maximum distance allowed for Ball Throw for Distance will be 10 meters. Any throw further than 10 meters will be out of bounds. Coaches with athletes consistently throwing further than this distance should move these athletes to the softball throw or other events that challenge their abilities. As stated in SOI's Sports Rules, the Ball Throw for Distance is intended for athletes with lower level abilities.

## Softball Throw

The maximum distance allowed for Softball Throw will be 35 meters. Any throw further than 35 meters will be out of bounds. Coaches with athletes consistently throwing further than this distance should move these athletes to events that better challenge their abilities. As stated in SOI's Sports Rules, the Softball Throw is intended for athletes with lower level abilities.

## Track Events

Unified Sports® partners will be allowed to participate in up to two Unified Sports® relays in athletics.

## Advancement in Athletics is Based on:

- Allocations applied to specific events within a sport.
- Preliminary and final competitions are held in designated events during Summer Games. Events and divisions selected for preliminaries include the 50 meter dash (male and female), 100 meter dash (male and female), 200 meter dash (male), 4x100 meter relays (male and female) and 400 meter race walk (male and female), as well as all field events (male and female).

Certain events within athletics have a quota (50 meter dash, 100 meter dash, softball throw, shot put and standing long jump). The number per event is the maximum number an area may enter in those events – an area is not required to enter anyone in the quota events.

For example, if an area has trained all its athletes to compete in the running long jump, they are not required to enter anyone in the standing long jump.



The quota system for specific events is determined on a percentage basis of the total athletic allocation. The percentages are as follows:

### Track Events

50m – 43 percent                      All other track events – open

100m – 33 percent

### Field Events

High Jump – open

Running Long Jump – open

Shot Put – 20 percent

Softball Throw – 48 percent

Standing Long Jump – 26 percent

For example, Area 29 has a total athletics allocation of 230. Of those 230, no more than 43 percent (99) may be entered in the 50 meter dash and 33 percent (76) in the 100 meter dash. The other 55 must enter other running events – the 200 meter dash, 400 meter run, 800 meter run, etc.  $99 + 76 + 55 = 230$ . If, however, only 60 enter in the 50 meter dash and 25 enter the 100 meter dash, then 145 may enter in other running events,  $60 + 25 + 145 = 230$ .

The same method applies in field events. The same 230 people may also enter one field event each, and one relay each. In this example, Area 29 can bring no more than 26 percent (60) of its total track and field athletes to compete in the standing long jump or 48 percent (110) athletes in the softball throw. If Area 29 maxes out on its shot put entries (20 percent = 46 athletes), standing long jump entries and softball throw entries, then that leaves 14 athletes to compete in the high jump and running long jump. It is best to allow athletes to compete in their best event as the numbers allow.

### General Information

- The Official Special Olympics Sports Rules shall govern all Special Olympics athletics competitions. As an international sports program, Special Olympics has created these rules based upon United States Track & Field Association rules for athletics. United States Track & Field Association rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules. In such cases, the Official Special Olympics Sports Rules shall apply. These rules can be found on our website at [www.specialolympicstexas.org](http://www.specialolympicstexas.org).
- Qualifying times are required for entries at the area and chapter games in the following events:
  - 100m Wheelchair Dash.....2 minutes
  - 200m Dash.....50 seconds
  - 400m Run.....2 minutes
  - 800m Run.....5 minutes
  - 1500m Run..... 10 minutes, 30 seconds
  - 3000m Run.....23 minutes
  - 400m Relay.....2 minutes
  - 400m Race Walk .....5 minutes
  - 25m Wheelchair Race .....3 minutes
- Qualifying times do not apply for local competition.
- Athletes whose entry scores exceed qualifying times will be deleted from that event.
- An athlete may enter one track event, one field event and one relay event, or the athlete may enter the pentathlon and one relay event.
- Long distance runners may enter two distance races (800m and longer), plus one relay race. Athletes who choose this option will not have the option to participate in a field event.
- An athlete who uses a wheelchair may enter two track events and one field event.



- Please obtain a copy of the Official Special Olympics Sports Rules for detailed information regarding wheelchair events, motorized wheelchair events, assisted walks, other modified events and pentathlon scoring tables.

## Spiked Track Shoes Allowed

- Spiked track and field shoes are allowed in Special Olympics Texas athletics competition.
- Guidelines are established in the USA Track & Field Association rules, but the exact maximum length of spikes allowed varies from meet to meet since it is determined by the specifications of the venue where the meet is being held (different track surfaces allow for different sized spikes).
- Organizers should share information about spike specifications with coaches well in advance of competition. If uncertain, coaches should always contact SOTX staff or competition organizers for clarification.

## Pentathlon

- The SOI Sports Rules state that the events must be conducted in the following order 100 meter run, long jump, shot put, high jump, 400 meter run.  
Modification: competition directors have the option to alter the order of the events (with proper justification such as weather, schedule conflicts within the meet and equipment challenges/availability).
- Pentathlon high jumpers are allowed to jump at every centimeter increment and are allowed to jump at a minimum starting height that is below that of the standard high jump minimum.  
Modifications: All high jumpers (pentathlon athletes included) must start at the minimum high jump height listed in the SOI Sports Rules (which will be 1 meter). Each increment will be raised 3 centimeters after that. Each competitor will be allowed two minutes between consecutive jumps. So, pentathlon scoring in the high jump will begin at 1. Any jump below 1 meter is not permitted. (This same criteria applies to athletes who are entered in the high jump, but not the pentathlon.)
- SOTX recommends but does not require that competition directors post the schedule for each of the five pentathlon events before the meet so that participants can plan accordingly. There must be a minimum of 30 minutes between the time one event ends and the next event begins for any athlete.
- All pentathlon athletes will be allowed to also compete in one relay event in an athletics competition provided there is not a scheduling conflict.
- Pentathletes will be recognized at competitions with a different colored lanyard on their medal to distinguish them from traditional event awards.

## Rabbit Percentage in Athletics

The rabbit percentages in athletics are:

- All track events will utilize a 25 percent rabbit percentage.
- In field events:
  - All throws will utilize a 35 percent rabbit percentage.
  - All jumps will utilize a 20 percent rabbit percentage.
  - The pentathlon will utilize a 20 percent rabbit percentage.

## Relay Information

400m (4 x 100), 1600m (4 x 400), Unified Sports® relays and wheelchair relay

- Relay teams will be placed in divisions by age groups: junior, senior and masters. Athletes in different age divisions may participate on the same team if necessary. In this case, the team must be entered in the oldest age division represented. Alternates are considered team members and their ages will also be considered in determining the age division the team will enter.
- Team members and alternates may not be listed as team members or alternates on any other team.



## Mixed-Gender Relays

1. Mixed-gender (a team consisting of any combination of males and females) relays will be offered at the chapter level at the 2012 Summer Games.
2. Area athletics competition committees will have the option to offer mixed-gender relays at their area competition should their facilities and schedule allow.
3. NOTE: All mixed-gender relays will be run in the male division, regardless of the number of females (1, 2 or 3) on the four person relay team.

## 4 x 25m Wheelchair Shuttle Relay

- Each competitor will complete 25 meters of the relay.

Verbal prompts will be allowed while walking in front of an impaired athlete using a wheelchair, provided that no physical assistance is given and it is not impeding the athlete.

## Basketball

### Events Offered

The following events are sanctioned by Special Olympics Texas and are to be offered at all local, area and chapter competitions. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event.

Unified Sports® Team Competition

- 5-on-5

Team Competition

- 5-on-5 traditional team
- Half-court: 3-on-3 competition (8 foot and 10 foot goal divisions). A minimum of six teams must be registered to hold a 3-on-3 competition at chapter games.

Individual Skills

- Lower ability levels (target pass, 10m dribble and spot shot). Speed dribble is used only as a substitute event for non-ambulatory athletes (8 foot and 10 foot goal divisions).

Team Skills

### General Information

The Official Special Olympics Sports Rules shall govern all Special Olympics basketball competitions. As an international sports program, Special Olympics has created these rules based upon National Federation of High School Coaches Association (NFHSA) rules for basketball. National Federation of High School Coaches Association (NFHSA) rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules. In such cases, the official Special Olympics Sports Rules shall apply. These rules can be found on our website at [www.specialolympicstexas.org](http://www.specialolympicstexas.org).

### Individual Competition

Individual skills contest is a developmental opportunity.

### Team Competition

These are modifications of FIBA and NFHSA rules which may be used when conducting Special Olympics basketball team competitions.

- A SOTX Basketball Team Evaluation Questionnaire Form must be completed and submitted prior to every area, regional and chapter competition.
- Chapter basketball competition at Summer Games will not have a running clock. All games will be conducted as per National Governing Body rules in regards to time clock stoppages. Reminders:
  - 2-9-1 . . . When a foul occurs, an official shall signal the timer to stop the clock. The official shall then designate the offender to the scorers and indicate with finger(s) the number of free throws.
  - 2-9-2 . . . When a team is entitled to a throw-in, an official shall clearly signal:
    - The act which caused the ball to become dead (foul or violation).
    - The throw-in spot unless it followed a successful goal or an awarded goal.
    - The team entitled to the throw-in.



- 2-12-5 . . . Establishes a warning signal at 20 seconds before the expiration of the 30 second interval permitted for replacing a disqualified or injured player.  
Rationale: The warning horn will be consistent with other timing situations and will communicate to the coach that the substitution interval is about to end.
- 8-1-3 . . . Reduces the number of players permitted on marked lane spaces during free throws (not including the free thrower) to four defensive and two offensive players with the lane spaces closest to the free-throw line (and the shooter) remaining vacant.  
Rationale: This change will help reduce the amount of rough play during free throws and may provide the defense a rebounding advantage. Fewer players on the lane should make the free throw situation easier to officiate.
- In Unified Sports® games, partners must not score more than 75 percent of the total points and the athletes must not score more than 75 percent of the team's total points.
- Players occupying a marked lane space are restricted from moving until the ball touches the ring or backboard or until the free throw ends.
- A player may be allowed to shuffle his/her feet while holding the ball without changing position on the court.
- A player may be allowed to take one extra step when gaining possession of the ball from a dribble or a pass.
- A smaller basketball (28 inches in circumference and between 18 - 20 ounces in weight) may be used for women's and junior's division competition.
- All traditional games within Special Olympics Texas will consist of four periods, each six minutes long.
- Unified Sports® games will consist of four periods, each eight minutes long (except when a classification team identifies a lower level division of Unified Sports® that needs to play only six minutes).
- Undershirts (T-shirts), if worn, should all be of the same solid color (can be different color than uniform), but all undershirts must be same color and shall not have frayed or ragged edges.
- Uniform shirts should have numbers on the front (four inch) and back (six inch). These numbers must comply with National Governing Body rules.
- If the shirt is designed to be worn inside the shorts, it shall be tucked in.
- Bonus free throw(s) begins on the seventh team foul. On the tenth team foul, two free throws are awarded.
- In overtime games, the length of the overtime is half of the time of a regular quarter. For a six minute quarter, the overtime is three minutes.
- Pockets on shorts must be secured (closed) to prevent injury to another player.
- Roster maximum is 12, and minimum is five.
- Coaches may call timeouts. Refer to NGB rule book for guidelines.
- Due to safety risks, the use of assisted devices such as canes, walkers, wheelchairs and service dogs are prohibited in team sports. Athletes who require assisted devices may compete in Individual Skills contests should they meet the performance requirements.

## Full Court Press Restrictions – An Option in Lower Divisions of Basketball

Effective immediately, the Chapter Sports Management Team has determined that to increase the quality of competition divisioning and the opportunity for athlete skill development in lower divisions, that a full court press restriction can be imposed. The classification team at area and chapter competitions can now determine whether a full court press will be allowed in certain lower divisions during competition.

A full court press is defined as: defensive pressure in the backcourt on a change of possession.

Note: Teams that wish to full court press at any time during the tournament MUST show the full court press during classification.



Consequences for teams using the full court press in a non-press division are:

- First Offense: Team warning issued by official.
- Second Offense and Thereafter: Personal technical foul issued each time to offending player by official.

The Chapter SMT feels that Special Olympics Texas basketball will benefit from this rule implementation at the lower levels where basketball team and individual player skills are still developing.

## 3 on 3 Basketball – Roster Increase

The roster maximum in 3-on-3 basketball is six players.

## Cycling

### Events Offered

The following events are sanctioned by Special Olympics Texas and are to be offered at all local, area and chapter competitions. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event.

- 500 meter and modified time trials
- 1 kilometer and modified time trials
- 5 kilometer and modified time trials
- 10 kilometer (time trials and/or road race)
- 15 kilometer (road race)
- 25 kilometer (road race)
- Level 1 – choice of bicycle or modified bicycle shall be left to the discretion of the event director.
- Level 2 – racing/touring model bike (lightweight, multi-speed)
- Unified Sports® - 5 kilometer and 10 kilometer tandem time trial
- Level 3 – racing touring model bike (lightweight, multi-speed)

### General Information

- The Official Special Olympics Sports Rules shall govern all Special Olympics cycling competitions. As an international sports program, Special Olympics created these rules based upon United States Cycling Federation (USCF) rules for cycling. United States Cycling Federation (USCF) rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules. In such cases, the official Special Olympics Sports Rules shall apply. These rules can be found in the Official Special Olympics Summer Sports Rules.
- A time trial is required for each event.
- Modified bicycles (three-wheel) should only participate in the 500 meter and the 1 kilometer and 5 kilometer time trials.
- A 30 minute or faster qualifying time has been established for 5 kilometer modified time trial.
- Two wheel and three wheel bikes should be run separately during all time trials.
- An athlete may enter a maximum of two events.
- The following modifications will be in effect for Special Olympics Texas competition:
  - All races will be on a totally closed course.
  - Modified bikes are acceptable.
  - Approved helmets are required during training and competition.
  - All bikes must be inspected prior to training and competition.
  - A standby repair truck should be available.
  - An ambulance must be on the race route at all times during competition.
  - In the event of a mechanical failure, cyclists are permitted to change bikes during a race.



- All UCI rules and regulations must be adhered to.
- Time trials and competitions shall be divided into competition divisions based upon age, sex and ability.
- At the local level, time trials should be used for divisioning.
- At the area and chapter competitions, official times at the most recent competition will be used for divisioning.
- All time trials will be done on a designated course.
- Time trials will be run in thirty second intervals.

## Certified Rabbit Percentages

Effective immediately, the Chapter Sports Management Team has approved the following rule revision for cycling competition.

Rabbit Rule will be in place for cycling with two different percentages depending on the type of competition taking place:

- 1) A 35 percent rabbit percentage will be applied when no preliminaries are conducted at a competition.

OR

- 2) A 20 percent rabbit percentage will be applied when preliminaries AND finals are conducted at a competition.

## Equestrian

### Events Offered

Equestrian athletes can enter no more than five events. The following events are sanctioned by Special Olympics Texas and are to be offered at all local, area and chapter competitions. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event. C-SP is lowest ability level. A is highest. All entry forms must include class/division level.

Equestrian Sports	C-SP	C-S	C-I	B-SP	B-S	B-IP	B-I	AP	A
Drill Teams 2 or 4 / Unified Sports®	▪	▪	▪	▪	▪	▪	▪	▪	▪
English Equitation	▪	▪	▪	▪	▪	▪	▪	▪	▪
Western Equitation	▪	▪	▪	▪	▪	▪	▪	▪	▪
Working Trails	▪	▪	▪	▪	▪	▪	▪	▪	▪
Team Relays / Unified Sports® Relay	▪	▪	▪	▪	▪				
Dressage			▪			▪	▪	▪	▪
Showmanship	▪	▪	▪		▪	▪	▪	▪	▪
Western Riding			▪			▪	▪	▪	▪
Pole Bending						▪	▪	▪	▪
Barrel Racing						▪	▪	▪	▪
Figure 8 Stake Race						▪	▪	▪	▪
Prix Caprilli								▪	▪

The C-SP level allows sidewalkers or horse handlers to have control of the horse during competition. The athlete will NOT be in control of the horse at the C-SP level.

- In 2012, SOTX is adding an event for Western riders. The CI Western Riding pattern will be a B-level pattern, but walk only. Riders must use a Western saddle. With this addition, English and Western riders will have the same number of events available to them.
- Beginning in 2012, the Team Relay event will be offered for supported riders only: levels CSP, CS, CI, BSP, BS and Unified Supported. The Relay will be a weaving pattern of 3 cones, poles or barrels, each 25 feet apart, down and back. A Team Relay must have 2-4 riders from the same team. The Team Relay may consist of CSP-CS or BSP-BS, mixing of C and B



level is not allowed. CI's must compete as a CI team. Limiting the event to supported riders and making it a weaving pattern event will create an event that is similar and progressive to the speed events (barrels, poles and figure 8) in which the BI and A level riders currently have the opportunity to compete.

- Horses will be limited to compete in no more than 6 classes per day. Often riders have to share horses from their same team. Just as the welfare of the athletes is a top priority, so should be the care of the partner horse. This limit will ensure the horses receive proper rest and are not overused.

## General Information

All equestrian coaches must obtain a copy of the Official Special Olympics Sports Rules for complete details regarding classes, competition and safety requirements. Rules can also be obtained from the American Horse Shows Association (AHSA) and the American Quarter Horse Association (AQHA).

## Equestrian Rule Changes/Clarifications

The following are all SOTX approved modifications of the Official Special Olympics Sports Rules.

### Section C - Attire, 1.a.1.a. English Tack

Quick out stirrups are now accepted along with the previously accepted stirrups: peacock safety stirrups, S-shaped stirrups or Devonshire boots.

### Section D - Tack, 1.c. Prohibited Equipment

Hackamores and side pull bridles are allowed in dressage, English equitation and trails, stock seat equitation, western riding, and western working trail.

### Section D - Tack, 1.b. General Equipment

Halters are not required under bridles in supported classes. In all supported classes, lead lines may not be attached to the bit, but may be attached to the cavesson, noseband, sidepull or halter under the bridle.

### Section D - Tack, 1.d. Adaptive Equipment

Break away rubber bands no larger than 3/8 inch thickness may be worn by riders to help them keep their feet in the stirrup (one per foot).

### Section E - Rules of Competition, 7.e.6. Team Relays

If horse handlers are being used, they must walk behind the horse's nose. If a horse handler passes the horse's nose at any time then a 30 second penalty will be added to that team's time.

### Section F - Patterns and Test

Working Trail – Two trail patterns per level are being devised and will be mailed to equestrian coaches, competition directors, and area directors. One test pattern will fit a large pen and the other a small pen. One of the tests from each level will be used at state Games.

Area directors and competition directors are not required to use one of these patterns at area or regional competitions. They have the option to use their own patterns or one of these patterns for their competition.

### Section G - Side Pass 5.b.3.g.iii. Facilities and Elements Working Trail

Side pass maneuver is removed as an option for working trail.

The Sports Management Team has approved to reinstate Showmanship at Halter for levels C-S and B-S with the following restrictions:

1. All athletes must be able to walk on their own (without canes, crutches, wheelchairs or walkers).
2. All athletes will be accompanied by a "spotter" who will take control of the horse ONLY in matters of safety and may walk on the off side.
3. Both C-S and B-S patterns will be walk only.

## Equipment General Guidelines

- Competitors are encouraged to wear the correct riding apparel. However, the attire should be appropriate for the class entered. For example, jeans are appropriate for western tack



style classes and conservatively-colored long pants with hard-soled shoes or boots with a heel are appropriate for English tack style classes.

- Riders who must wear other footwear as the result of a physical disability must have a physician's statement submitted with the entry blank. These riders must use a safety stirrup.
- All riders must wear protective, SEI-ASTM-approved helmets with full harness. The chin strap must be appropriately fastened at all times when rider is mounted.
- Riders may use adaptive equipment without penalty, but must in no way be attached to the horse or saddle.
- Coaches are encouraged to use the Sports Skills Assessment Form found in their sports skill guide.
- **Rider profiles are no longer required for Summer Games.**

## Saddlery and Equipment

- Saddles must fit horse and rider.
- Bridles must be appropriate to the class entered.
- Specially adapted saddles must be approved by the event director prior to any competition.
- In jumping classes, an English saddle must be used.

## Equestrian Risks

Equestrian sports are becoming more and more popular at Special Olympics, but they bring with them multiple insurance risks. It is not possible for Special Olympics to assume all of the insurance risks associated with equestrian sports, because many of those risks have to be managed by specialty insurance coverage bought by the owners, stables or grounds. Therefore, it is important when working with equestrian sports to pay attention to these insurance requirements:

- Each horse must have a current (less than one year old) Negative Coggins Form from the veterinarian and a Release of Liability Form (page P-21) on file for each rider. Each rider must provide a Negative Coggins Form for each horse.
- Make sure that the owner of the horse has insurance for injury to the horse as well as animal mortality coverage. Special Olympics' general liability insurance policy is designed to respond if, for example, a third party is hurt at an equestrian event. But it would not respond to a claim for injury to the horse, unless negligence on the part of SOI was proven. This is why it is important to make sure that direct, or first party coverage for the horse is in place.
- Make sure that the owner of the stables, facilities or field in which the event is taking place is properly insured. This is an unusual exposure for SOI because it is possible that the facilities could cause damage to the horse, or vice versa. Again, these could result in damage claims that may not have been directly caused by SOI at all, but for which SOI could be held responsible if there is not adequate specialty insurance available.

In summary, damage done to a horse or grounds should be insured by the appropriate owners. Otherwise, SOI can too easily face a lawsuit alleging that it must be responsible for the valuable property of others.

Owners of horses cannot be added as an additional insured under the Special Olympics' general liability policy.

## Gymnastics

### Events Offered

The following events are sanctioned by Special Olympics Texas and are to be offered at all local, area and chapter competitions. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event. The following events may be offered in artistic and rhythmic gymnastics competition.



## Artistic

New routines were established in 2004. Contact your area office for more information to ensure that you have the most updated gymnastics information. You can also download the newest gymnastics routines by visiting [www.specialolympics.org](http://www.specialolympics.org).

### Mixed Gender Events (Level A Only)

- a. Vaulting
- b. Wide Beam
- c. Floor Exercise
- d. Tumbling
- e. Single Bar
- f. All-round (combination of all five event scores)

### Men's Events (Levels 1, 2 and 3)

- a. Floor Exercise
- b. Pommel Horse
- c. Rings
- d. Vaulting
- e. Parallel Bars
- f. Horizontal Bar
- g. All-round (combination of all six event scores)

### Women's Events (Levels 1, 2 and 3)

- a. Vaulting
- b. Uneven Bars
- c. Balance Beam
- d. Floor Exercise
- e. All-round (combination of all four event scores)

## Rhythmic

Rhythmic Ball, Hoop, Ribbon, Rope, and Floor  
Level A, B, 1, 2 and 3      Optional routines

### Rhythmic Group Routines

Hoop - Level 1      Ball - Level 2  
Ribbons - Level 3

## General Information

- All gymnastics coaches must obtain a copy of the Official Special Olympics Sports Rules for complete details regarding classes, competition and safety requirements. Rules can also be obtained from the Federation Internationale de Gymnastics (FIG).

#### Attire:

- Male gymnasts shall wear tank tops (leotards) and long white gymnastic pants, or T-shirts that are tucked in and gymnastics shorts. For either set of attire, the gymnast may compete in white socks, gymnastic slippers or bare feet.
- Female gymnasts shall wear a leotard, have bare legs, and have bare feet, white peds or gymnastic slippers. Flesh colored tights with bare feet are permitted, but not recommended.
- Qualifying scores from area competition will be used to determine ability grouping, within age groups at Summer Games. Entry forms must include scores and/or levels.
- The official entry form appears on pages P-19 to P-20.

#### Levels:

- Age group divisions will be followed.
- There are five levels of competition:
  - Level A – compulsory (male and female)
  - Level B (beginner) – compulsory (male and female)
  - Level 1 (beginner) – compulsory (female)



- Level 2 (intermediate) – compulsory (female)
- Level 3 (advanced) – compulsory (female)

- Coaches will determine in which level of competition to place their athletes. The athletes must be able to safely perform all of the skills in that level.
- In all-round competition, athletes must compete at the same level in all events.
- In artistic gymnastics events at the chapter level, a gymnast specializing in particular events may compete on two different levels, with a one level difference between them. In rhythmic events, athletes must compete in all events at the same level.

#### **Required Routine Specifications:**

- Compulsory routines will be followed in all levels.
- Female gymnasts may specialize by competing in one or more events, up to a maximum of five events. Male gymnasts may specialize by competing in one or more events, up to a maximum of seven events.
- Gymnasts competing for all-round awards will compete in all events offered at their competition level.
- Female gymnasts that compete in artistic gymnastics may not compete in rhythmic gymnastics.

## Kayaking

The Official Special Olympics Sports Rules for kayaking shall govern all Special Olympics Texas competitions. As an international sports program, Special Olympics has created these rules based upon the International Canoe Federation (ICF) Flatwater Rules for kayaking found at [www.canoeicf.com](http://www.canoeicf.com). ICF or National Governing Body Rules shall be used except when they are in conflict with the Official Special Olympics Sports Rules for kayaking or Article I. In such cases, the Official Special Olympics Sports Rules for kayaking shall apply.

Beginning in 2012, athletes and Unified partners participating at chapter competition will pay the chapter registration fee of \$30.

### Events Offered

The following events are sanctioned by Special Olympics. The range of events is intended to offer competition opportunities for athletes of all abilities. Programs may determine the events offered and, if required, guidelines for management of those events. Coaches are responsible for providing training and event selection appropriate to each athlete's skills and interest.

- Singles Tourist Kayak - 200m and 500m
- Doubles Tourist Kayak - 200m and 500m
- Unified Sports® Doubles Tourist Kayak - 200m and 500m

### Equipment

- Standardized touring kayaks and paddles are to be provided by Games Organizing Committees for each athlete. If athletes choose to bring their personal kayaks and/or paddles, they must meet ICF specifications.
- Helmets, if deemed necessary by the event director due to the course being in moving water in which there are obstructions or shallow water where an athlete might strike his head if the kayak capsizes.
- Personal flotation devices (PFD) are required and must meet local standards set by National Governing Bodies (NGB) for water safety.
- Aqua shoes are optional for athletes in practice and competition.

### Rules

- At the start line, kayaks will be stabilized by personnel holding their stern on pontoon; however, athletes should be able to control the kayak, point to the proper direction of the finish line and keep the kayak stationary until the start of the race. Adaptations will be utilized for difficult weather conditions.



- The start of all races will begin with the starting signal by a shot or a short, powerful sound. The starter will announce the time remaining before the start to the competitors by saying, "Start within 10 seconds." Also, a drop with a white flag (60cm x 40cm) from the shoreline will indicate the start of the race, along with the starting signal. If a competitor starts to paddle away before the start signal has been given, he/she will be charged with a false start. Automated starting systems may also be used.
- Athletes must remain inside their assigned lanes or they will be disqualified.
- If an athlete crosses the lane barrier and impedes the other athlete, this move will provide justification for disqualification through the protest procedure. The athlete who was impeded will have the option of starting the race at a later time for a proper score.
- Coaches are allowed to assist athletes in and out of the kayak. Once the athlete is in the kayak and called to the start, the coach must report to the shoreline. No coaching is permitted from the shoreline; however, encouragement is always allowed.
- Coaches will not be allowed to have a kayak in the water while competition is underway.

## Soccer

### Events Offered

The following events are sanctioned by Special Olympics Texas and are to be offered at all local, area and chapter competitions. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event.

An athlete may participate in one of the following events:

- 11-a-side team competition and Unified Sports® team
- 5-a-side (modified) team competition and Unified Sports® team
- Individual skills - dribble, shoot, control and pass

### General Information

- The Soccer Team Evaluation Questionnaire Form must be submitted with entries prior to every area, regional, and chapter competition.
- All soccer coaches must obtain a copy of the Official Special Olympics Sports Rules for complete details regarding classes, competition and safety requirements. Rules can also be obtained from the Federation Internationale de Football Association (FIFA).
- In general, Special Olympics soccer competition is conducted according to the governing body rules. Modified (5-a-side) soccer has been endorsed by Special Olympics Texas as a means of stimulating growth in the sport of soccer.
- The roster maximum for 11-a-side is 20.
- The roster maximum for 5-a-side is 10.
- Thermal shorts must be the same as the predominant color of shorts.
- Players with a bleeding wound must leave the field. They may not return until the bleeding is stopped.
- The team winning the coin toss chooses ends. The other team kicks off.
- A goal may be scored from kickoff or a goal kick directly.
- The ball is in play when it is kicked and moves forward on kickoffs; also, when it is kicked and moves on free kicks.
- If a keeper handles a ball after receiving it on a kick-in or throw-in from his team, an indirect free kick will be awarded at that spot. Please note that the keeper may not control the kick-in or throw-in with his/her feet, then pick it up.
- Failing to respect the required distance on restarts is a cautionable offense.
- Delaying the restart is a cautionable offense. This includes such actions as kicking the ball away and excessive celebration.
- Offensive, insulting and abusive language replaces foul and abusive language as a send off offense.
- The keeper may now move on his line at the taking of penalty kicks.
- In 5-a-side play, throws-ins are allowed as an alternative option to kick-ins when the ball crosses the sideline.



- A keeper may not hold the ball more than five to six seconds without being subject to penalties for time wasting.
- On an indirect free kick, the ball only needs to move before the second touch; it does not need to roll full circumference.
- The referee must be told if the goalie is substituted/changed.
- Due to safety risks, assisted devices such as canes, walkers, wheelchairs and service dogs are prohibited from use in team sports. Athletes who require assisted devices may compete in Individual Skills contests if they meet the performance requirements.

## Soccer Overtime

Effective immediately, Special Olympics Texas will utilize overtime (as written in the Official Special Olympics Sports Rules) for all area and chapter level soccer competitions; therefore, no soccer game shall end in a tie.

## Tennis

### General Information

The Official Special Olympics Sports Rules and the United States Tennis Association (USTA) rules shall govern all Special Olympics tennis competitions. USTA rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules. In such cases, the Official Special Olympics Summer Sports Rules shall apply.

### Divisions Offered

The following events are sanctioned by Special Olympics Texas and are to be offered at all levels. The actual events scheduled and conducted at local, area and chapter competitions will be determined by a minimum number of entries in each event.

#### Individual Skills

##### Level 1

- One skill level with red ball

#### Match Play (men and women for each division)

##### Level 2

- Green Ball
  - Singles
  - Doubles
  - Unified Sports® Doubles

##### Level 3

- Yellow Ball
  - Singles
  - Doubles
  - Unified Sports® Doubles

Event entry limits: A participant may enter Individual Skills OR one singles and/or one doubles event with the green or yellow ball. Clarification: A participant may NOT enter both doubles and Unified Sports® doubles.

## Format

### Individual Skills

Skills evaluated:

- Forehand Volley: Athlete stands 3-4 feet from net. The feeder underhand tosses five balls to the athlete's forehand side. The athlete scores 10 points for hitting the ball over the net and into the backcourt on or between the baseline, service line and singles sideline. The athlete scores five points for hitting over the net and into either service box.



- Backhand Volley: Same as forehand volley except feeder underhand tosses five balls to the athlete's backhand side.
- Note: Only the feeder can call a misfeed. This call must be made prior to the athlete's attempt to hit the ball.
- Recommend two practice balls prior to scoring the athlete.
- Forehand Groundstroke: The athlete stands anywhere between the service line and baseline in order to be successful. The feeder, positioned halfway between the net and the service line on the same side of the net, underhand tosses so it bounces once before reaching the athlete's forehand side. The athlete scores 10 points for hitting the ball over the net and into the backcourt on or between the baseline, service and/or singles sidelines. The athlete scores five points for hitting the ball over the net into either service box, and/or singles sidelines within the service box.
- Backhand Groundstroke: Same as forehand groundstroke except feeder feeds five balls to the athlete's backhand side.
- Note: Only the feeder can call a misfeed. This call must be made prior to the athlete's attempt to hit the ball.
- Recommend two practice balls prior to scoring the athlete.
- Alternating Groundstrokes with Movement: The athlete is positioned anywhere between the service line and the baseline in the center of the court in order for the athlete to be successful. The feeder, positioned halfway between the net and service line on the same side of the net, underhand tosses to the athlete's forehand and backhand. Each feed should land at a point which is halfway between the center service mark and the singles sideline to make the athlete move at least one step. The athlete must be allowed to return to the center mark before feeding the next ball. The athlete scores 10 points for hitting the ball over the net and into the backcourt on or between the baseline, service, and/or singles sidelines. The athlete scores five points for hitting the ball over the net into either service box, and/or singles sidelines within the service box.
- Note: Only the feeder can call a misfeed. This call must be made prior to the athlete's attempt to hit the ball.
- Recommend two practice balls prior to scoring the athlete.
- Serve-Deuce: The athlete hits a legal serve from the right court to deuce service box. A ball landing in the correct service will count 10 points.
- Serve-Ad: Same as deuce but from the left court to the ad service box.
- Legal Serve: Athlete may hit the ball overhanded or underhanded.
- Serve Position: The proposed position of the serve is at the baseline, but the server may move in a few steps to have success.
- Recommend two practice balls prior to scoring the athlete.
- Scoring is cumulative, which means that a player's final score is determined by adding together the scores achieved in the primary and final rounds.
- Tennis Rating Form is not used for Individual Skills players.

## Match Play

- A match will consist of one five game No-Ad set.
- A set is won by a player or the team who is the first to win a total of five games. If the score is 4-4, then the winner of the ninth game wins the match.
- The No-Ad scoring system will be used for all match-play. The No-Ad procedure is simply what the name implies: the first player to win four points wins the game; the seventh point of a game becoming a game point for each player. The receiver has the choice of advantage court or deuce court to which the service is to be delivered on the seventh point.
- In a Mixed Doubles match, the seventh point will be served gender to gender.
- In a Unified Sports® doubles match, athlete will serve to athlete and Unified partner will serve to Unified partner.



- The score calling is by simple numbers (e.g., “zero, one, two, three, game”).

## Round Robin Draw

### **Determining the order of finish.**

1. The player who wins the most matches is the winner.
2. If there is a two-way tie, the player who wins head-to-head is the winner.
3. If there is a three-way tie, the player with the most games won is the winner.
4. If there is still a tie on games won and head-to-head cannot be used to break the games won tie, the referee (tournament official in charge) will award accordingly.

## Tennis Singles

Singles is available for green ball and yellow ball.

## Tennis Doubles

- If there are different skill levels from a doubles team, that team must play doubles in the higher skilled division. For example, if player "A" plays singles in the green ball division and player "B" plays singles in the yellow ball division, then they must play doubles in the yellow ball division (the higher division between the two players).
- Traditional tennis doubles teams may now consist of one male and one female at area and chapter competitions. Since there is not a "mixed doubles" division recognized by Special Olympics, these teams will be placed in the male division that best fits their age and ability levels.
- The green ball and yellow ball divisions are available to mixed doubles teams (one male and one female on the same doubles team). These mixed doubles teams will play in the male division of the appropriate division.

## Unified Doubles

- Unified partners, as well as athletes, are to complete the Tennis Rating Form.
- Unified partners, as well as athletes, are to be classified.
- Unified partners' goal is to keep a rally during a point and to not dominate the match. This event is for the athletes.

## Modifications of Play

Athletes will have the option of hitting an overhand or underhand serve.

## Leveling/Divisioning

The Tennis Rating Form should be used to determine ability levels (divisions) for singles and doubles participants and also for Unified Sports® partners (see page P-23).

# Basketball – Individual Skills Competition Official Scoresheet

Athlete Name: \_\_\_\_\_ Heat #: \_\_\_\_\_

Coach Name: \_\_\_\_\_ Delegation/Team: \_\_\_\_\_ Age: \_\_\_\_ Sex: M / F

<b>TARGET PASS</b> - The athlete is given 5 passes at the target.	Max Pts.	Trial #1	Trial #2	Trial #3	Trial #4	Trial #5
1. Hitting the wall inside the square.	3	3	3	3	3	3
2. Hitting the lines of the square.	2	2	2	2	2	2
3. Hitting the wall, but not the square.	1	1	1	1	1	1
4. Catching the ball in the air or on the bounce in the square.	1	1	1	1	1	1
5. Ball bounces before hitting the wall.	0	0	0	0	0	0
<b>(Max Pts.) TARGET PASS Total Score:</b> _____						

Conversion Chart	Seconds	Points	<b>TEN-METER DRIBBLE</b> - The athlete will dribble 10 meters, 2 times. One second penalty will be added every time the athlete illegally dribbles.
	0-2	30	<b>FIRST TRIAL</b>
	2.1-3	28	Seconds _____ + Number of Illegal Dribbles _____ = _____
	3.1-4	26	
	4.1-5	24	FIRST TRIAL SCORE: _____
	5.1-6	22	<b>SECOND TRIAL</b>
	6.1-7	20	Seconds _____ + Number of Illegal Dribbles _____ = _____
	7.1-8	18	
	8.1-9	16	SECOND TRIAL SCORE: _____
	9.1-10	14	
	10.1-12	12	<b>(Max Pts. 30) BEST OF THE TWO SCORES:</b> _____
	12.1-14	10	
	14.1-16	8	*****Modification to doing 10m Dribble*****
	16.1-18	6	<b>SPEED DRIBBLE</b> - Athlete must be physically unable to perform 10m dribble.
	18.1-20	4	Athlete receives 1 point for each legal dribble within the 60 seconds limit.
	20.1-22	2	
	22.1 and Over	1	<b>(Max Pts. 30) NUMBER OF DRIBBLES:</b> _____

<b>SPOT SHOOTING</b> - The athlete will shoot from 6 different spots, with 2 trials from each spot.							
	Distance	Made	Board/Rim		Distance	Made	Board/Rim
Spot #1	1m	2	1	Spot #2	1m	2	1
Spot #1	1m	2	1	Spot #2	1m	2	1
Spot #3	1.5m	3	1	Spot #4	1.5m	3	1
Spot #3	1.5m	3	1	Spot #4	1.5m	3	1
Spot #5	2m	4	1	Spot #6	2m	4	1
Spot #5	2m	4	1	Spot #6	2m	4	1
TOTALS:	_____			TOTALS:	_____		
<b>(Max Pts. 36) SPOT SHOOTING TOTAL SCORE:</b> _____							

**TOTAL OF THREE EVENTS:** \_\_\_\_\_





## Equestrian Liability Release

This release contains important limitations of legal liability. All coaches, chaperones and athletes shall present a copy of this form, signed appropriately with area and chapter entry forms.

The undersigned states as follows:

I have read and understand the following:

### **WARNING**

Under Texas Law (Chapter 87, Civil Practice and Remedies Code), an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities.

Delegation ID/Name: \_\_\_\_\_

Signature (athlete): \_\_\_\_\_

Signature (parent/guardian): \_\_\_\_\_

Signature (coach): \_\_\_\_\_

Date: \_\_\_\_\_

## Soccer Individual Skills Competition Official Scoresheet

Athlete Name: \_\_\_\_\_ Age: \_\_\_\_ Sex: M \_\_\_\_ F \_\_\_\_  
 Heat #: \_\_\_\_\_ Coach Name: \_\_\_\_\_ Delegation/Team: \_\_\_\_\_

### Skill 1 – Dribbling

Player dribbles from the starting line to the finish zone, staying inside the marked lane. The finish zone should be marked off with cones, as well as chalk. The clock is stopped when both the player and the ball are stopped inside the finish zone. If the player overshoots the finish zone, he/she must dribble it back in to finish.

Time	Points
5-10	60
11-15	55
16-20	50
21-25	45
26-30	40
31-35	35
36-40	30
41-45	25
46-50	20
51-55	15
55 or more	10

Time (Preliminary) \_\_\_\_\_

Time (Final – First Round) \_\_\_\_\_

Time (Final – Second Round) \_\_\_\_\_

Final 1<sup>st</sup> & 2<sup>nd</sup> Rounds Total Points \_\_\_\_\_

(Note: Subtract 5 points each time the ball goes out the sidelines. Place a new ball in the middle of the lane at the point where the ball goes out. Subtract 5 points if the player touches the ball with hands.)

### Skill 2 – Shooting in the Goal

Each athlete has 2 minutes to complete a total of 5 shots. Athlete begins at the start line and walks or runs forward to shoot the ball into the goal from a distance of six meters. The athlete is only allowed to kick the ball once. The athlete returns to the line. Ball placer (official) places the next ball to be shot. Athlete repeats. When the player kicks the last ball, the clock is stopped at a maximum of 2 minutes. Each goal is 10 points or no goal is zero points; circle each score.

Attempts	1	2	3	4	5	Scores Totals
Preliminary	0 10	0 10	0 10	0 10	0 10	
Final First Round	0 10	0 10	0 10	0 10	0 10	
Final Second Round	0 10	0 10	0 10	0 10	0 10	

### Skill 3 – Shooting at the target

Player begins at the starting marker. Athlete runs to any ball and kicks it through a target gate. The athlete is only allowed to kick the ball once. The player then runs and kicks another ball through a target gate. When the player kicks the last ball, the clock is stopped. A bonus of five points will be given for each ball kicked successfully through a target gate.

Time	Points
11-15	50
16-20	45
21-25	40
26-30	35
31-35	30
36-40	25
41-45	20
46-50	15
51-55	10
55 or more	5

Time (Preliminary) \_\_\_\_\_

Time (Final – First Round) \_\_\_\_\_

Time (Final – Second Round) \_\_\_\_\_

Final 1<sup>st</sup> & 2<sup>nd</sup> Rounds Total Points \_\_\_\_\_

Totals Scores of All Skills: \_\_\_\_\_

# Special Olympics Tennis Rating Sheet

Athlete's Name: \_\_\_\_\_ Delegation: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Division: \_\_\_\_\_

Level 1	(athletes at this level should complete the ISC Skills Testing)	Level	E. Second Serve	Level
	Player just starting to play tennis	1	Double faults are common	2
<b>Section A through G do not need to be completed</b>				
<b>A. Forehand</b>				
	Has difficulty hitting FH shots	2	Pushes second serves	4
	Hits inconsistent, weak FH shots	3	Hits second serves with control	6
	Hits FH shots with little directional control	4	Hits second serves with control and depth	7
	Sustains a short rally using FH and BH shots	5	Hits second serves with spin, control, and depth	8
	Sustains a rally with directional control	6	<b>F. Return of Serve</b>	<b>Level</b>
	Sustains a rally with consistency and depth	7	Has difficulty returning serve	2
	Sustains an extended rally	8	Returns serve occasionally	3
			Returns second serve consistently	4
			Returns some first serves, returns second serves consistently	5
			Returns first and second serves consistently	6
			Aggressive return of second serve; weak return of first serve	7
			Aggressive return of first and second serves	8
<b>B. Backhand</b>				
	Has difficulty hitting BH shots	2	<b>G. Volleys</b>	<b>Level</b>
	Hits inconsistent weak BH shots	3	Avoids net	2
	Hits BH shots with little directional control	4	Does not hit volleys; avoids net	3
	Has directional control of BH shots, but shots lack depth	5	Hits inconsistent volleys; avoids net	4
	Returns difficult shots defensively	6	Hits consistent FH volleys; BH volley is inconsistent	5
	Has difficulty with high and hard shots	7	Hits aggressive FH volleys; hits defensive BH volleys	6
	Controls FH and BH shots with direction, pace, and depth	8	Hits aggressive FH and BH volleys	8
<b>C. Movement</b>				
	Stationary position; does not move to ball to hit shots	2	<b>Section</b>	<b>Category</b>
	Moves only 1-2 steps toward ball to hit shots	3	A	Forehand
	Moves toward ball, but court coverage is poor	4	B	Backhand
	Movement allows sufficient court coverage of most shots	5	C	Movement
	Exceptional court coverage	6	D	First Serve
	Exceptional court coverage and hits defensive lobs and inconsistent overheads	7	E	Second Serve
	Exceptional court coverage and hits offensive lobs and consistent overheads	8	F	Return of Serve
<b>D. First Serve</b>				
	First serve is weak	2	G	Volleys
	Hits first serves in at a slower pace	4	<b>Add select levels Total</b>	
	Hits first serves with pace	6	<b>Divide Total by 7</b>	
	Hits first serves with pace and control	8	<b>FINAL RATING</b>	
			<b>Level</b>	
			<b>Comments :</b>	

Rater's Name: \_\_\_\_\_ Coaches' Rating: \_\_\_\_\_ Final Rating: \_\_\_\_\_

Divisioning Group Ranking: 1 2 3 4 1 = Highest in group

ATHLETE NAME _____					M / F	
Delegation _____			Division # _____		CIRCLE THE POINTS ON EACH ATTEMPT	
<i>SKILL</i>	<i>1st ball</i>	<i>2nd ball</i>	<i>3rd ball</i>	<i>4th ball</i>	<i>5th ball</i>	<i>TOTAL</i>
<b>FOREHAND VOLLEYS</b> <small>2 PRACTICE/5 ATTEMPTS</small>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	
<b>BACKHAND VOLLEYS</b> <small>2 PRACTICE/5 ATTEMPTS</small>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	
<b>FH GROUNDSTROKES</b> <small>2 PRACTICE/5 ATTEMPTS</small>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	
<b>BH GROUNDSTROKES</b> <small>2 PRACTICE/5 ATTEMPTS</small>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	<b>0 5 10</b>	
<b>SERVES - DUECE</b> <small>2 PRACTICE/5 ATTEMPTS</small>	<b>0 10</b>	<b>0 10</b>	<b>0 10</b>	<b>0 10</b>	<b>0 10</b>	
<b>SERVES - AD</b> <small>2 PRACTICE/5 ATTEMPTS</small>	<b>0 10</b>	<b>0 10</b>	<b>0 10</b>	<b>0 10</b>	<b>0 10</b>	
<b>ALTERNATING GROUNDSTROKES</b> <small>10 ALTERNATING FH/BH</small>	<i>1st ball</i> <b>0 5 10</b>	<i>2nd ball</i> <b>0 5 10</b>	<i>3rd ball</i> <b>0 5 10</b>	<i>4th ball</i> <b>0 5 10</b>	<i>5th ball</i> <b>0 5 10</b>	
	<i>6th ball</i> <b>0 5 10</b>	<i>7th ball</i> <b>0 5 10</b>	<i>8th ball</i> <b>0 5 10</b>	<i>9th ball</i> <b>0 5 10</b>	<i>10th ball</i> <b>0 5 10</b>	
<b>SCORING KEY</b>						
<small>GROUNDSTROKES/VOLLEYS SERVICE BOX = 5 PTS BACKCOURT = 10 PTS</small>	<small>SERVES - IN=10 PTS</small>		<b>GRAND TOTAL</b>			